

Peterborough GP Series - Stamford 5 K Race - 2019 - PROVISIONAL

Pos	Race Number	Time	Name	Club	Gender	Category	Shirt Size
1	1247	00:15:32	Aaron Scott	Helpston Harriers	M	SM	S
2	1245	00:15:39	Jake Richardson	Lincoln Wellington AC	M	SM	S
3	1393	00:16:07	David Hudson	BRJ Run & Tri	M	SM	S
4	1276	00:16:43	Jonathan Palmer	Bourne Town Harriers	M	SM	S
5	1503	00:16:46	Matt Pyatt	Dereham Runners	M	MV40	S
6	1352	00:16:49	Michael Moore	Helpston Harriers	M	MV45	M
7	1287	00:17:09	Simon Mead	Hunts AC	M	MV40	M
8	1253	00:17:12	Dylan Tomaselli	Hunts AC	M	MU17	S
9	1482	00:17:13	Mark Pople	Peterborough AC	M	SM	S
10	1373	00:17:30	James Orrell	BRJ Run & Tri	M	MU17	S
11	1500	00:17:57	James Sadler	Peterborough AC	M	MV40	M
12	1510	00:18:02	Luke Brown	March AC	M	SM	M
13	1363	00:18:06	Connor Ely	Bourne Town Harriers	M	MU17	M
14	1420	00:18:08	Nathan Pople	Peterborough AC	M	SM	S
15	1252	00:18:12	Luke Myers	Kettering Town Harriers	M	SM	S
16	1272	00:18:17	Mark Wishart	Hunts AC	M	MV40	S
17	1270	00:18:22	Thomas Middleton	Bushfield Joggers	M	SM	S
18	1243	00:18:27	Soaquim Jeronimo	Grantham Running Club	M	SM	
19	1432	00:18:32	Jacob Fox	Ramsey Road Runners	M	MU17	S
20	1364	00:18:33	Oliver Mason	Peterborough AC	M	SM	M
21	1473	00:18:34	James Skinner	Peterbough AC	M	MV40	M
22	1353	00:18:35	Ryan Anderson	Peterborough AC	M	SM	M
23	1255	00:18:40	Duane Tomaselli	Hunts AC	M	MV40	S
24	1492	00:18:52	Jeff Lucas	Werrington Joggers	M	MV40	S
25	1312	00:18:54	Sean Beard	Nene Valley Harriers	M	MV50	M
26	1417	00:18:58	James Max	Bourne Town Harriers	M	MU17	S
27	1522	00:19:10	Darren Hillier	Yaxley Runners	M	SM	S
28	1333	00:19:12	Philippa Taylor	Helpston Harriers	F	LV50	S
29	1325	00:19:13	Steven Megson	Yaxley Runners	M	SM	L
30	1371	00:19:17	Sam Garner	Nene Valley Harriers	M	MU17	
31	1308	00:19:21	Peter Bonner	Grantham Running Club	M	MV40	XL
32	1360	00:19:22	Stuart Hodgkinson	Stamford Striders	M	MV45	S
33	1431	00:19:27	Ruan Bullard	Ramsey Road Runners	M	MU17	
34	1472	00:19:27	Stuart Hill	Stamford Striders	M	MV55	
35	1465	00:19:35	Ben Nayar	Unattached	M	MU20	M
36	1469	00:19:37	Mark Pereira	Bushfield Joggers	M	SM	M
37	1454	00:19:40	Michael Branston	Yaxley Runners	M	MV45	M
38	1403	00:19:43	Robert Howbrook	Grantham Running Club	M	MV60	M
39	1525	00:19:44	Nick Harding	Stamford Striders	M	SM	M
40	1274	00:19:45	George Munford	Ramsey Road Runners	M	MV45	XL
41	1269	00:19:46	Ben Hewitt	Unattached	M	MV40	M
42	1423	00:19:48	Kevin Farquhar	Ryston Runners	M	SM	L
43	1531	00:19:51	Neil Sutton	Unattached	M	SM	
44	1323	00:19:56	Mike Daniels	Bushfield Joggers	M	MV40	M
45	1386	00:19:57	Graham Edwards	Stamford Striders	M	MV40	S
46	1470	00:20:00	Sarah Caskey	Peterbough AC	F	SL	S
47	1262	00:20:01	Steven Robinett	March Ac	M	SM	S
48	1524	00:20:02	Andrew Wool	March Ac	M	MV45	M
49	1339	00:20:06	Matthew Dowling	Nene Valley Harriers	M	MU17	
50	1303	00:20:07	Ella Robinsin	Hunts AC	F	FU17	S
51	1426	00:20:08	Chris Orchard	Peterborough AC	M	SM	M
52	1370	00:20:10	Joshua Goodwin	Nene Valley Harriers	M	MU17	M
53	1297	00:20:13	Michelle Brett	Ramsey Road Runners	F	LV35	M
54	1354	00:20:15	Andy Thompson	Unattached	M	MV45	S
55	1277	00:20:18	Sarah Chynoweth	Grantham Running Club	F	SL	S
56	1331	00:20:23	Jack Dodwell	Grantham Running Club	M	SM	M

57	1293	00:20:24	Phil Neacy	Thorney Running Club	M	MV40	XL
58	1422	00:20:26	Rowan Murray	Ramsey Road Runners	M	MU17	S
59	1341	00:20:26	Andrew Dennis	Unattached	M	SM	M
60	1462	00:20:27	Mark Alderson	PAC	M	MV40	M
61	1433	00:20:28	Richard Coles	Peterborough AC	M	SM	M
62	1298	00:20:29	David Christian	Unattached	M	SM	M
63	1441	00:20:31	Marc Joyce	Eye Community Runners	M	SM	
64	1320	00:20:36	Liam Lambert	March Ac	M	MV70	M
65	1380	00:20:39	Paul Baxter	Bushfield Joggers	M	MV55	S
66	1390	00:20:41	Hugh Burton	Yaxley Runners	M	MV50	S
67	1526	00:20:42	Hannah Knight	Nene Valley Harriers	F	FU17	S
68	1480	00:20:45	Karl Hick	Midland Masters	M	MV60	L
69	1246	00:20:48	Martin Candish	Stamford Striders	M	MV45	M
70	1445	00:20:54	Gemma Andreae	Stamford Striders	F	FU20	
71	1301	00:20:55	Nick Wilkins	Eye Community Runners	M	MV45	S
72	1402	00:21:01	Catherine Payne	Grantham Running Club	F	LV50	S
73	1517	00:21:05	Stewart Clarke	Eye Community Runners	M	MV40	S
74	1309	00:21:13	Peter Gray	Corby AC	M	MV65	S
75	1463	00:21:14	Emily Ostler	Unattached	F	SL	S
76	1523	00:21:15	David Talbot	Unattached	M	SM	M
77	1254	00:21:15	Daniel Amps-Woodw	Thorney Running Club	M	MU20	S
78	1414	00:21:16	Nick Greenwood	Unattached	M	SM	XL
79	1375	00:21:17	Roslyn Loutit	Yaxley Runners	F	LV55	S
80	1289	00:21:22	Olivia Mead	Hunts AC	F	FU17	S
81	1268	00:21:25	Dexter Bole	Nene Valley Harriers	M	MU17	S
82	1471	00:21:26	Ivan Yallup	Unattached	M	MV45	xl
83	1311	00:21:33	Sam Dodwell	Grantham Running Club	M	SM	L
84	1425	00:21:35	Andy Savage	Yaxley Runners	M	MV55	M
85	1342	00:21:37	Simon King	Unattached	M	MV45	M
86	1242	00:21:43	Tallulah Spurdens	Bourne Town Harriers	F	FU17	S
87	1377	00:21:46	Marc Sampson	Werrington Joggers	M	MV40	M
88	1398	00:21:52	Giles Hawthorne	Biggleswade AC	M	MV40	S
89	1400	00:21:53	Josh Cripps	Unattached	M	SM	M
90	1362	00:21:57	Stewart Pick	Grantham Running Club	M	MV50	
91	1292	00:22:00	Josh Willmott	Thorney Running Club	M	MU17	S
92	1529	00:22:09	Christina Cowles	Hunts AC	F	SL	S
93	1509	00:22:11	Adrian Olik	Bushfield Joggers	M	MV40	L
94	1310	00:22:14	Ian Robb	Corby AC	M	MV60	M
95	1430	00:22:18	Simon Gilbey	Werrington Joggers	M	MV50	M
96	1495	00:22:19	Richard Stone	Ramsey Road Runners	M	MV50	M
97	1483	00:22:20	Jonathan Murphy	Unattached	M	MV45	S
98	1260	00:22:22	Caroline King	Hunts AC	F	LV45	M
99	1290	00:22:26	Kelly Maddy	Unattached	F	LV40	S
100	1281	00:22:27	Gavin Farrow	Yaxley Runners	M	MV40	L
101	1415	00:22:28	Andrew Baldwin	Unattached	M	MV45	M
102	1435	00:22:30	James Trigg	Unattached	M	SM	
103	1315	00:22:34	Alan Burgin	Hunts AC	M	MV65	M
104	1409	00:22:35	Paul Lamb	Unattached	M	MV45	S
105	1397	00:22:37	Mark Sheldon	Ramsey Road Runners	M	MV40	S
106	1466	00:22:38	Andrew Kendal	Stamford Striders	M	MV50	M
107	1381	00:22:40	Claire Piercy	Yaxley Runners	F	LV45	S
108	1461	00:22:41	Rajan Nayar	Unattached	M	MV50	M
109	1329	00:22:42	David Marr	Nene Valley Harriers	M	MV45	L
110	1404	00:22:43	Michael Bullard	Unattached	M	MV50	L
111	1304	00:22:46	Alan Condon	Bushfield Joggers	M	SM	L
112	1410	00:22:46	Ian Wilson	BRJ Run & Tri	M	MV45	XL
113	1449	00:22:48	Alison Dunphy	Eye Community Runners	F	LV45	S
114	1481	00:22:56	Alfie Hick	Unattached	M	MU20	M
115	1502	00:22:57	Lisa Pyatt	Dereham Runners	F	LV40	S

116	1412	00:23:03	Bryn Jones	Werrington Joggers	M	MU17	S
117	1476	00:23:04	Elliot Long	NVH	M	MU17	S
118	1305	00:23:05	Elizabeth Fell	Nene Valley Harriers	F	LV40	S
119	1374	00:23:06	Caroline Archer	Hunts AC	F	SL	S
120	1477	00:23:09	Paul Long	NVH	M	MV40	
121	1396	00:23:10	David Newton	BRJ Run & Tri	M	MV70	M
122	1516	00:23:14	Ruth Foster	BRJ Run & Tri	F	LV55	S
123	1418	00:23:15	Claudia Milburn	Fenland RC	F	LV35	S
124	1391	00:23:16	Richard Orrell	BRJ Run & Tri	M	MV55	M
125	1302	00:23:17	Mike Wrightt	Eye Community Runners	M	MV50	XL
126	1436	00:23:18	Wayne Morris	Stamford Striders	M	MV40	
127	1307	00:23:30	Grif Winstone	Bushfield Joggers	M	MV65	M
128	1448	00:23:31	Mike Kenyon	Durham City Harriers	M	MV50	L
129	1499	00:23:32	Louise Blake	NVH	F	LV40	M
130	1413	00:23:35	Alice Edwards	BRJ Run & Tri	F	LV45	S
131	1343	00:23:36	Nigel Dickens	Nene Valley Harriers	M	MV65	M
132	1479	00:23:39	Leah Short	Eye Community Runners	F	SL	S
133	1296	00:23:43	Louise Richardson	Werrington Joggers	F	LV45	M
134	1306	00:23:44	Ian Vallance	Yaxley Runners	M	MV45	L
135	1365	00:23:46	Kathryn Hawkswell	Yaxley Runners	F	LV40	S
136	1319	00:23:51	Tina Lambert	March Ac	F	LV45	S
137	1369	00:23:52	Rebecca Witton	Bushfield Joggers	F	LV45	S
138	1358	00:23:55	Darren Warner	Nene Valley Harriers	M	SM	L
139	1388	00:23:56	Rob Van Dyne	Werrington Joggers	M	MV45	XL
140	1256	00:23:57	Roy Young	Eye Community Runners	M	MV60	L
141	1378	00:23:59	Paula Frost	Biggleswade AC	F	LV35	S
142	1519	00:24:01	Andy Cowling	Thorney Running Club	M	MV60	M
143	1326	00:24:05	Gemma Toogood	Yaxley Runners	F	SL	S
144	1419	00:24:07	Gerald Meah	Cambridge & Coleridge	M	MV60	M
145	1395	00:24:10	Annette Newton	BRJ Run & Tri	F	LV65	S
146	1349	00:24:14	Lee Hanton	Bourne Town Harriers	M	MV40	L
147	1327	00:24:17	Deniella Kempson	Nene Valley Harriers	F	SL	M
148	1357	00:24:23	Jonathan Ramm	Unattached	M	MV40	XL
149	1382	00:24:24	Andrew Mozley	Unattached	M	MV45	L
150	1493	00:24:31	Jackie Wren	BRJ	F	LV55	S
151	1515	00:24:33	Tony Foster	BRJ Run & Tri	M	MV60	M
152	1280	00:24:35	Thomas Fairclough	Werrington Joggers	M	MV65	M
153	1379	00:24:37	Paul McCarthy	Yaxley Runners	M	MV45	L
154	1285	00:24:39	Tommy Napier	Unattached	M	MV55	S
155	1389	00:24:42	Alison Orrell	BRJ Run & Tri	F	LV50	S
156	1288	00:24:43	Tracy Moore	Thorney Running Club	F	LV45	S
157	1496	00:24:47	Carole Davis	Grantham Running Club	F	LV45	
158	1278	00:24:53	Debbie Montague	Werrington Joggers	F	LV45	S
159	1324	00:24:54	James Macdonald	Nene Valley Harriers	M	SM	M
160	1332	00:24:56	Paul Jepson	Grantham Running Club	M	MV65	M
161	1317	00:24:59	Stuart Baty	Grantham Running Club	M	MV45	L
162	1459	00:25:00	Carol Murray	Unattached	F	LV45	
163	1421	00:25:04	Milburn Greylands	Fenland RC	M	MV70	M
164	1351	00:25:05	Nev Chaberlain	Grantham Running Club	M	MV55	
165	1248	00:25:06	Rupert Clifton	Stamford Striders	M	MV40	XL
166	1313	00:25:14	Chas Campen	Werrington Joggers	M	MV50	XL
167	1249	00:25:15	Neil Plant	Unattached	M	MV55	S
168	1279	00:25:19	Tracey Farrow	Yaxley Runners	F	LV35	S
169	1443	00:25:19	Josephine Farratt	Werrington Joggers	F	SL	
170	1259	00:25:20	Pauline Stocker	Hunts AC	F	LV55	S
171	1330	00:25:22	Naomi Jepson-rivers	Grantham Running Club	F	SL	M
172	1244	00:25:23	Cheryl Allibone	Stamford Striders	F	LV45	S
173	1458	00:25:25	Emily Murray	Unattached	F	FU20	
174	1401	00:25:30	Robert McArdle	Grantham Running Club	M	MV55	L

175	1383	00:25:31	Claire Ashton	BRJ Run & Tri	F	LV45	S
176	1460	00:25:32	Andrew Cawdery	Unattached	M	SM	M
177	1340	00:25:34	Joyce Helen	Yaxley Runners	F	LV35	M
178	1452	00:25:34	Clive Best	BRJ	M	MV65	L
179	1348	00:25:36	Sarah High	Grantham Running Club	F	LV55	
180	1416	00:25:38	Becky Warters	Eye Community Runners	F	SL	S
181	1464	00:25:39	Georgia Hill	Hunts AC	F	SL	s
182	1366	00:25:40	Terry Fone	Eye Community Runners	M	MV70	
183	1314	00:25:44	Cath Hunt	Werrington Joggers	F	LV45	S
184	1367	00:25:45	David Anton	Werrington Joggers	M	MV50	L
185	1427	00:25:50	Arron Friend	Thorney Running Club	M	SM	L
186	1457	00:25:52	Kirstin Homewood	Yaxley Runners	F	LV40	M
187	1508	00:25:53	Elena Olik	Bushfield Joggers	F	FU17	S
188	1318	00:25:55	Caroline Sefton	Werrington Joggers	F	LV55	M
189	1429	00:25:56	Rosalind Sadler	Grantham Running Club	F	LV45	
190	1300	00:25:57	Phil Young	Unattached	M	MV60	M
191	1411	00:25:58	Chloe Wilson	Hunts AC	F	FU20	S
192	1336	00:26:01	Paul Atherford	Bushfield Joggers	M	MV45	L
193	1485	00:26:02	Charlotte Cole	Yaxley Runners	F	LV35	M
194	1408	00:26:04	Trevor Sutherill	Fenland RC	M	MV65	L
195	1399	00:26:07	Robert Goldstone	Biggleswade AC	M	MV45	M
196	1456	00:26:08	Raeanne Elliott	Yaxley Runners	F	LV35	S
197	1322	00:26:22	Sharon Evans	Riverside Runners	F	LV50	S
198	1257	00:26:25	Richard Pearson	Bourne Town Harriers	M	SM	
199	1385	00:26:37	Caroline Geddes	Eye Community Runners	F	SL	S
200	1384	00:26:38	Michael Shaw	BRJ Run & Tri	M	MV55	L
201	1527	00:26:45	Rebecca Lee	Unattached	F	LV45	
202	1266	00:26:47	Sylv Hull	Grantham Running Club	F	LV40	
203	1528	00:26:47	Danny Knight	Unattached	M	MV40	XL
204	1361	00:26:52	Laura Wicson	Werrington Joggers	F	SL	S
205	1267	00:26:58	Kathleen Gray	Grantham Running Club	F	LV40	S
206	1507	00:27:01	Megan Randall	Thorney	F	LV35	
207	1447	00:27:06	Jonathan Sortwell	Yaxley Runners	M	SM	M
208	1455	00:27:10	Lucy Branston	Yaxley Runners	F	FU17	S
209	1273	00:27:18	Marlena Koralewska	Eye Community Runners	F	SL	S
210	1261	00:27:23	Kay Gibson	Peterborough AC	F	LV50	L
211	1355	00:27:28	Carl Golder	Eye Community Runners	M	MV40	L
212	1368	00:27:28	Craig Sells	Eye Community Runners	M		L
213	1446	00:27:29	Helen Thompson	Unattached	F	SL	
214	1468	00:27:30	Helene Upchurch	Thorney Running Club	F	LV45	S
215	1284	00:27:32	Ben Pike	Unattached	M	MV40	L
216	1467	00:27:36	Amanda Lopez	Thorney Running Club	F	LV45	S
217	1450	00:27:45	Coralie Cross	Thorney RC	F	LV45	M
218	1512	00:27:52	Laura Greenwood	Thorney	F	LV50	
219	1372	00:27:59	Liam Parkin	Eye Community Runners	M	MV40	M
220	1286	00:28:05	Libby Mead	Hunts AC	F	LV40	
221	1491	00:28:07	Rachel Knight-Jones	Unattached	F	LV40	S
222	1490	00:28:07	Julia Knight-Jones	Thorney	F	LV35	S
223	1497	00:28:09	Sarah Branch	Stamford Striders	F	LV55	M
224	1518	00:28:12	Spenser Hopkinson	Stamford Striders	M	MV40	M
225	1484	00:28:13	Adam Blake	Yaxley Runners	M	MV50	XL
226	1271	00:28:14	Ian Davies	Thorney Running Club	M	MV65	L
227	1258	00:28:17	Hilary McConville	Hunts AC	F	LV65	
228	1265	00:28:18	Sue Swann	Grantham Running Club	F	LV50	
229	1334	00:28:22	Kate Marshall	Grantham Running Club	F	LV40	
230	1275	00:28:25	Suzanne Munford	Ramsey Road Runners	F	LV45	M
231	1392	00:28:31	Michael(Mike) Connor	Werrington Joggers	M	MV70	M
232	1250	00:28:46	Bryan Smale	Bushfield Joggers	M	MV70	M
233	1486	00:28:47	Charlotte Sortwell	Yaxley Runners	F	SL	S

234	1291	00:28:49	Kayla Neacy	Thorney Running Club	F	FU20	M
235	1442	00:28:55	Hon-wai Pang	BRT	M	SM	
236	1405	00:29:04	Neil Jameson	Grantham Running Club	M	MV50	XL
237	1511	00:29:07	Bernadette Fitzharris	Eye Community Runners	F	LV45	S
238	1494	00:29:08	Martin Wren	BRJ	M	MV55	
239	1335	00:29:13	Mary Webber	Bushfield Joggers	F	LV65	S
240	1453	00:29:35	Mark Hann	Thorney	M	MV55	L
241	1424	00:29:40	Steven Farquhar	Unattached	M	SM	L
242	1407	00:29:45	Sue Baily	Unattached	F	LV60	M
243	1356	00:29:47	Peter Brantom	Peterborough AC	M	MV65	M
244	1387	00:29:49	Philip Berridge	Thorney Running Club	M	MV65	XL
245	1283	00:29:54	Laura Money	Eye Community Runners	F	SL	S
246	1406	00:29:58	Jane Greenwood	Fenland RC	F	LV60	S
247	1264	00:30:06	Yvette Taylor	Grantham Running Club	F	LV45	
248	1294	00:30:11	Andrew Wilding	Unattached	M	MV40	XL
249	1316	00:30:25	Louise Lee	Stamford Striders	F	LV35	S
250	1337	00:30:32	Anna King	Eye Community Runners	F	LV35	XL
251	1338	00:30:34	Deborah Cook	Yaxley Runners	F	LV45	M
252	1282	00:30:38	Lorna Thomas	Unattached	F	SL	S
253	1437	00:30:47	Richard Burton	Unattached	M	MV50	
254	1488	00:30:51	Esme Johnson	Unattached	F	LV40	L
255	1321	00:30:52	Pauline Evans	Unattached	M	MV60	L
256	1489	00:30:52	Laura Harwood	Unattached	F	LV35	L
257	1345	00:31:06	Adrian Flintoft	Yaxley Runners	M	MV45	M
258	1350	00:31:07	Brett Baines	Unattached	M	MV40	XL
259	1451	00:31:15	Anna Best	BRJ	F	LV65	M
260	1438	00:31:16	Alison Burton	Unattached	F	SL	
261	1263	00:31:19	Edina Burns	Grantham Running Club	F	LV40	
262	1513	00:31:24	Joanna Tanner	Unattached	F	LV45	S
263	1514	00:31:31	Barbara Gunn	Bushfield Joggers	F	LV50	S
264	1299	00:31:43	Margaret Hayers	Eye Community Runners	F	LV60	M
265	1521	00:31:44	Andrew Smith	Eye Community Runners	M	SM	L
266	1530	00:31:48	Christopher Rowe	Eye Community Runners	M	MV50	
267	1434	00:31:54	Gordon Sherratt	Bourne Town Harriers	M	MV70	
268	1440	00:32:12	Graham McMillan	Eye Community Runners	M	MV50	
269	1504	00:32:35	Melanie Negus	Thorney	F	LV45	M
270	1533	00:32:45	Helen Casbon	Eye Community Runners	F	LV50	L
271	1328	00:32:48	Simon Hartley	Grantham Running Club	M	MV50	
272	1506	00:32:58	Claire Sibley	Thorney	F	LV45	M
273	1505	00:33:20	Sarah Marshall	Thorney	F	LV40	L
274	1359	00:34:09	Sue Drake	Werrington Joggers	F	LV65	S
275	1344	00:34:10	Lottie Hostead	Unattached	F	SL	M
276	1347	00:34:21	Austin Goldsmith	Unattached	M	MV45	L
277	1295	00:34:24	Hayley Frake	Unattached	F	LV40	M
278	1439	00:34:27	Jenmnie Sinclair	Three Counties RC	F	SL	
279	1498	00:34:37	Calum Price	Ramsey Road Runners	M	MV55	M
280	1251	00:34:40	Brian Caine	Lonely Goat RC	M	MV70	M
281	1532	00:34:48	Hannah Casbon	Eye Community Runners	F	FU17	M
282	1478	00:34:48	Sarah Short	Eye Community Runners	F	LV50	S
283	1487	00:35:05	Sally House	Unattached	F	LV55	L
284	1428	00:36:01	Morag Roberts	Stamford Striders	F	LV65	S
285	1376	00:36:26	Alice Noyes	BRJ Run & Tri	F	LV60	M
286	1346	00:36:47	Amanda Barrett-Hill	Unattached	F	LV40	L
287	1501	00:40:06	Charlie Pyatt	Dereham Runners	M	MV70	L
288	1475	00:40:49	Paul Platten	Werrington Joggers	M	MV50	I
289	1474	00:40:50	Jo Platten	Werrington Joggers	F	LV45	L
290	1394	00:40:58	Marian Connor	Werrington Joggers	F	LV65	S
291	1520	00:41:13	katie smith	Eye Community Runners	F	SL	L