

**PETERBOROUGH 5K GRAND PRIX
RACE SERIES 2024**

&

3K Junior Series for under 15, under 13 and Under 11.

A specially commissioned Memento to all entrants taking part in three races.

The series will be run over five events as follows, all on Wednesdays: -

- **12th June 2024 - Lindisfarne Road Eye- hosted by Eye Community Runners**
- **26th June 2024 – Ferry Meadows (Visitor Centre) hosted by Bushfield Joggers**
- **10th July 2024 - Werrington Sports Centre hosted by Werrington Joggers**
- **24th July 2024 - Rugby Club, Hambleton Road, Stamford –hosted by Stamford Striders**
- **7th August 2024 - Ferry Meadows (Water Sports centre) hosted by PANVAC**

Entries

- **5 K £7.00 affiliated. £ 9.00 unattached - Entries on the night will incur a £3.00 surcharge**
- **3 K £5.00 - Entries on the night will incur a £2.00 surcharge**
- **Entries online please, although entries will be accepted on the night: please allow plenty of time (at least 30 minutes) to collect your number and get to the start. Entry forms can be downloaded from the website.**
- **On-line entries for the first race will open on the Thursday 29th May. On-line entries for subsequent races will then open fortnightly on the day after the previous event. On-line entries can be made up to 12 Noon on the day prior to a race. Entries can only be made for a single race in each time-period.**
- **Help the environment - Please bring your own safety pins – and recycle them for each race**
- **All races have Course Measurement Certificate, are accurately measured, permitted & run under either UK Athletics or ARC rules.**
- **Start Time: - 3K Junior race starts at 7:00 pm (at all events)
- 5K Senior race starts at 7:30 pm (at all events)**
- **Event Prizes.
5K - Each event will attract on the night a £10 voucher / cash for first man & first woman.
3K - Each event will attract on the night a £5 voucher / cash for first boy & first girl.**
- **Scoring to be based on race points regardless of position in category on the night.**
- **Series prizes will consist of vouchers and will be forwarded to winners via their club or through the post. All series winners are listed on the 5K GP Series website after the final race.**

These will be based on runners best three results out of the five events and will be as follows: -

Men – First £35, Second £25, Third £15

First place in the following categories: U17 and U20, Vets 40, 45, 50, 55, 60, 65 & 70 all £15.

Second place in these categories will receive £10, Third place £5

Women – First £35, Second £25, Third £15

First place in the following categories: U17 and U20, Vets 35, 40, 45, 50, 55, 60 & 65, all £15.

Second place in each of these categories will receive £10, Third place £5

Juniors (3k)-

Boys under 11, under 13 and under 15 – First place £15, Second place £10, Third place £5

Girls under 11, under 13 and under 15 – First place £15, Second place £10, Third place £5

ENTRY CATEGORIES AS UK AA RULES

3K = under 11 and 13 on 31st August last year + under 15 on 31st August last year

5K = under 17 on 31st August last year + under 20 on 31st August last year

all other categories over 20 on 31st August last year

RESULTS AND INFO AT WWW.PETERBOROUGHGPSERIES.ORG UK